

Suggested Packing List

Packs & Bags	QTY	Comments
Backpack/Duffel Bag	1	To transport all personal gear
Daypack	1	<i>Used daily for day day hikes - carry lunch, snacks, rain gear, etc.</i>
Gallon Zip-loc bags	6 to 12	Pack clothes in them to keep dry
Small Ditty Bag or Tupperware Container	1	<i>Smellable Container - keep all toiletries in here to go in Bear Box</i>
Head-Neck-Hand		
Wool or Fleece Hat	1	Warm hat for cold temperatures
Gloves or mittens	1 pair	Wool or Synthetic Wool
Baseball Cap or Wide Brim Hat	1	Sun protection of ears & face
Upper Body Layers		
Base Layer (mid-weight) synthetic - Not Cotton	1	Long Underwear Top
Middle Layer	1	Wool Sweater or Polar Fleece
Top Layer	1	Synthetic jacket, Wool Sweater or Polar Fleece
Rain Jacket - No Ponchos	1	Sturdy Waterproof Jacket w/ Hood
Shirt - Long Sleeve	1	Moisture wicking - No Cotton/Nylon
Shirt - Short Sleeve	5	Class B (Blue, Red, Green, Tan & Gray)
Lower Body Layers		
Base Layer (mid-weight) synthetic - Not Cotton	1	Long Underwear Bottom
Rain Pants	1	Lightweight & Sturdy
Long Pants	2	Scout Pants or Jeans
Underwear	6	Cotton or Synthetic
Shorts	2	Avoid Cotton - Gym Shorts OK
Swim Suit	1	Optional
Sleeping Gear		
Sleeping Bag	1	Recommend a bag rated to 20 degrees
Waterproof Stuff Sack	1	Or a XXL Zip-Loc Bag
Sleeping Pad	1	Foam or Inflatable
Pillow	1	Optional
Sleep Clothes	1	T-shirt & gym shorts
Footwear		
Hiking Boots	1 pair	Comfortable for multi-mile day hikes Waterproof & breathable
Socks	5 pair	Wool or Synthetic Wool
Liner Socks	2 pair	Synthetic
Camp Shoes	1 pair	Tennis Shoes or Crocs - Must Have Closed Toes - No Sandals/Flip-Flops
Miscellaneous Items		
Mess Kit	1	<i>Bowl, cup, spork/spoon (Label all pieces with your name or initials)</i>
Water Bottles - 1 quart	2 or 3	Used daily for hiking
Pocket Knife	1	Only if you have your Totin' Chip
Flashlight / Headlamp	1	lightweight & durable with spare batteries
Compass	1	Be Prepared!
Lip balm	1	<i>Optional - moisturizing w SPF 25 or greater</i>
Soap / shampoo	1	<i>Optional</i>
Toothbrush	1	
Toothpaste	1	
Towel	1	
Personal Medications		Must be in original containers and placed in a Zip-Loc with Scout's Name on or in it.
Sunglasses	1	Optional
Camera	1	Optional
Whistle	1	Optional
Foot Powder	1	<i>Optional</i>
Scout Handbook	1	Recommended
Notepad & pen	1	Optional

Bold and italicized items must be stored in the Bear Box and not with other personal items in tents