

Troop 113 Totem Pole

A Newsletter of Events for Scouts and Parents

For more information:

<http://www.troop113.indianhead.org/>

Jan. 25, 2010



Calendar of Events



26 January § Tuesday

6:30 PM - Troop Meeting –
Snow Sports Merit Badge –
Bethlehem Lutheran Church –
[Klondike Derby permission](#)

[slips due \(deadline extension\).](#)

29-31 January § Fri. – Sun.

Spearhead / Snow

Huskies – see details below.



2 February § Tuesday

6:30 PM - Troop Meeting – *Snow Sports Merit Badge* – [Afton Alps permission slips due](#) - Bethlehem Lutheran Church

6 February § Saturday

8:00 AM – 4:00 PM - **Klondike Derby** - meet at Scout Building – see details below.

7 February § Sunday

8:30 AM - **Scout Sunday** - Bethlehem Lutheran Church – [full Class A uniforms with neckerchief and sash.](#)

7 February § Sunday

12:00 noon - **Skiing at Afton Alps** - meet at 12:30 on 2nd floor of the 'Alps chalet' [with equipment](#) – [see details below.](#)

9 February § Tuesday

6:15 PM setup, 6:30 PM meeting - *Court of Honor & 100th Anniversary of Scouting Celebration* – Bethlehem Lutheran Church – [Families are invited. Those attending Tomahawk should have a parent at this meeting.](#) Pizza dinner will be served - (donations accepted - \$5 per person or \$20 per family suggested)

16 February § Tuesday

6:30 PM - Troop Meeting – *Patrol Leader's Conference* – Bethlehem Lutheran Church

23 February § Tuesday

6:30 PM - Troop Meeting – *Order of the Arrow Elections* – Bethlehem Lutheran Church. [Snow tubing permission slips due.](#)

2 March § Tuesday

6:00 PM - Troop Meeting – *Snow Tubing at Badlands (tentative)* – meet at Bethlehem Lutheran Church

9 March § Tuesday

6:30 PM - Troop Meeting – *Forestry* – Bethlehem Lutheran Church

Other Upcoming Events –

26-28 March – Forestry Campout



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Spearhead / Snow Huskies

Winter camping is a lot of fun and a huge confidence builder. The Snow Husky and Spearhead programs both take place at Tomahawk Scout Reservation, and both are a great opportunity to learn about the clothing, equipment, methods, and behaviors that make it possible to stay warm and happy for extended periods of time, even in extremely cold conditions. Those attending Spearhead will be spending a night outdoors in a snow shelter. Equipment must be top notch to ensure comfort and safety. Everyone attending should have received a blue flyer with detailed equipment requirements and a listing of equipment provided at camp. Please visit the following site for more information the programs: <http://www.camptomahawk.org/?page=snowbase>.

- Spearhead campers will meet at 5:00 PM on Friday, Jan. 29 for departure from Scout Building. This group will be stopping for dinner on the way.
- Snow Huskies will meet at 7:00 AM on Saturday, Jan. 30 for departure from the Scout Building and will not be stopping for food.

Afton Alps

- Plan to arrive at Afton Alps (<http://www.aftonalps.com/>) by 12:00 on Sunday, February 7 to allow time for equipment rental (if needed).
- Everyone will meet on the 2nd floor of the Alps Chalet with equipment at 12:30. Troop supervised activities will end at 3:00 PM. However, Afton Alps remains open until 9:30 PM. Boys may stay beyond 3:00 PM as long as their permission slips indicate they have permission.
- BSA regulations require the use of helmets for skiing and snowboarding. Helmets can be rented at Afton Alps.
- Adults and boys should identify themselves as members of Troop 113 in order to take advantage of group rates: \$24 lift tickets, \$18 rentals, \$4 lessons, \$8 helmets.

Health Forms

As of January 1, 2010 the Boy Scouts of America have changed the health form requirements for all youth and adult members. Annual medical evaluations by a certified and licensed health-care provider are now required for youth and adults, although exceptions exist depending on the duration and nature of the events that one attends. Please see the introduction on the form for more information on these changes.

For simplicity sake and because most of us will require the complete form anyways, Troop 113 requests that all troop members complete the full version of the health form which includes the medical evaluation. If you have already had your physical for the year, most health care professionals will complete the form for free. Frequently asked questions about the annual health and medical record can be found at: <http://www.scouting.org/scoutsource/HealthandSafety/Resources/MedicalFormFAQs.aspx>. The form is available at <http://www.northernstarbsa.org/Forms/Camping/Health-Form-FullPhysicalAnnualBSA.pdf>.



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Adult Leader Training

In case any of you missed the reminder from James Brown ... the Northern Star Council is going to become a little more strict about making sure we all have taken all of the training required for our specific positions. There are at least two, if not more, online courses that you can take or retake to ensure that you have satisfied most of your training needs. A complete list of training available is online at <http://training.nsbsa.org/Programs.aspx>. For a list of training for your specific position you can work your way through the list at <http://training.nsbsa.org/NewLeaders.aspx>.

The following courses are available online at <http://myscouting.org>

Course	Online?	Required?
Orientation Training		
Fast Start: Boy Scouting	Yes	No
ScoutParents Unit Coordinator Fast Start	Yes	No
Youth Protection	Yes	Yes
Leader Specific		
Leader Specific: Troop Committee Challenge	Yes	Yes
This is Scouting	Yes	Yes

Troop Committee Members - In this position you should take the following training courses:

Course	Online?	Required?
Orientation Training		
Youth Protection	Yes	Yes
Leader Specific		
Leader Specific: Troop Committee Challenge	Yes	Yes
This is Scouting	Yes	Yes

Scout Master & Assistant Scout Masters - In this position you should take the following training courses:

Course	Online?	Required?
Orientation Training		
Youth Protection	Yes	Yes
Leader Specific		
Introduction to Outdoor Leader Skills	No	Yes
Leader Specific: Scoutmaster/Asst. Scoutmaster Training	No	Yes
This is Scouting	Yes	Yes

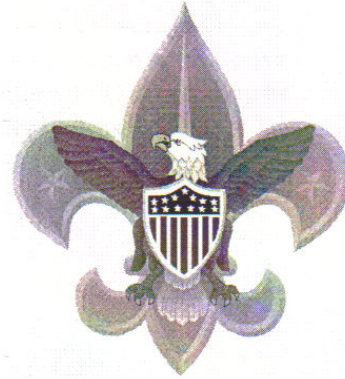
If you have already completed some of the training, please contact James Brown with the type of training and (approximate) completion date so that this information can be officially recorded. Also, there are plans to offer many of the leadership training courses during the Fall Camporee this year.



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Klondike Derby

2010 Great Rivers District Klondike Derby



- Build a dog-sled.
- Your dog team (patrol) will pull your sled with a passenger to several towns (skill stations) and compete against others.

Date: 02-06-2010

Time: Check-In/Reg. 9:00 AM
Event 10:00—3:00

Location: Phillippo Scout Camp
(Upper Level Activities Field)

Entry Fee: \$10.00 per person



Info Contact: Jim Roush 651-439-8885

Sponsored by Troop 125 and the OA.



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2010 Klondike Derby

- Entry Fee: \$10.00 per person (Covers facility rental, awards, and hot beverages.)
- Each participant is asked to bring 1 can of (non-cream) soup for the lunch soup Booya
- Build a Klondike Sled (dog sled). Plans are available on the internet. Old skis may be used as runners. Typical team (patrol) size is 6-8 scouts, but may be less.
- A passenger (team member) must ride on the sled from station to station.
- 2nd year WEBELOS may be part of your patrol.

WHAT TO BRING:

- Entry fees.
- Can of non-cream soup (1 per-person).
- Any additional lunch items you desire. Beverages will be provided.
- Mess kit per person. (Bowl, spoon, and cup)
- Drinking water for your patrol.
- Pocket knife.
- Compass
- Fire building: tinder, kindling, and small sticks. (Enough to build a small fire).
- Tin foil. 2 feet long.
- Winter appropriate clothing.
- Scout handbook.
- Class 1 health form.

WHAT TO PREPARE FOR:

- Snow shoe relay.
- First Class orienteering.
- Knot, knots, and more knots.
- Sled race.
- 2-man Lumberjack saw.
- Build a fire and boil water in a paper cup.
(Yes, it can be done!)
- Turkey shoot (sling shots).
- Lashing.
- Ski Patrol (First Aid skills).
- Snow blind (blind-folded tent setup)

- Bring patrol flag for extra points.
- Patrol cheer for extra points.
- Teamwork will be rewarded.
- BEWARE OF CLAIM JUMPERS!

Troop 113 Totem Pole - from the Editor

If you have ideas, comments, concerns, submissions, photos, etc., please contact Paul Vlasak: pvlask@mmm.com or 651-430-3178. Submissions from Scouts are preferred, all submissions appreciated. Also, if you want to add or remove an e-mail address from the distribution list, please let me know. Keep in mind that the web-site is likely more up to date and contains information for events as far out as there are plans: <http://www.troop113.indianhead.org/>

